

COVID-19 | Protocol when entering your home

Follow these important steps when returning home from work or buying essential goods such as food and medicine

1



When you come home try not to touch anything

2



Remove your shoes

3



Leave your bag, purse, wallet, keys, etc in a box at the entry of your home

4



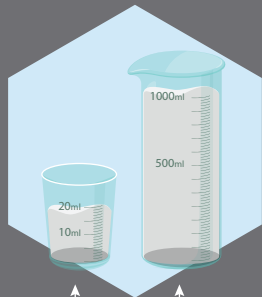
Remove your clothes and place them in a bag to be washed

5



Have a shower. If you can't, wash all exposed areas. Hands, wrists, arms, neck, nails, etc

6



20ml bleach + 1 litre water

Prepare a disinfectant solution

7



Put on gloves and wash your mobile phone and glasses with hot soapy water or alcohol (disinfectant)

8



Clean all the surfaces of whatever you brought from outside with the bleach solution, before storing it

9



Carefully remove and dispose of your gloves then wash your hands

10



Remember, it is not possible to carry out complete disinfection

The goal is to minimise the risk of infection